

Kimochis®



Hi Friend,

Ahh... do you feel that? It's the warm feeling of SUMMER TIME upon us. School years might be coming to a close, but we are just getting started here on Kimochis Way!

We like to spend our summers thinking of ways we can continue to improve the Kimochis experience for the upcoming school year. Be on the lookout for **NEW** training offerings and **NEW** free resources.

Oh! And don't forget to connect with us if you and your team could use a group training to prepare for the Fall.



NEW Training Offerings!

We're EXCITED to share some NEW training offerings on Kimochis Way.
What are the topics of these new trainings?...

Mental Health & Mindfulness



Kimochis® Mental Health Bag of Feelings Trainings

- Hosted by one of our Kimochis® Trainers, **1 OR 2-Day sessions available**, live-virtual workshop.
- 1-Day: \$150/person registration fee.
- 2-Day: \$300/person registration fee.

COMING SOON...

- Next **Mental Health Bag of Feelings 1-Day Session: Thu. Sept. 4, 2025 9am-12pm PST/12pm- 3pm EST**
- Next **Mental Health Bag of Feelings PLUS Tool Kit 2-Day Session: Thu.-Fri. Sept. 4-5, 2025 9am-12pm PST/12pm- 3pm EST**

Kimochis® Mindfulness Trainings



Kimochis® Tool Kit Activator Events

- Great for new Tool Kit users & for those looking for a refresher.
- Hosted monthly by the Kimochis® Team.
- Complimentary 45min. live-virtual session.
- Can't make it? No worries. Always recorded.

Next **TKA** Session:

-Thursday June 19, 12pm PST/3pm EST

-Thursday August 21, 12pm PST/3pm EST

[Tool Kit Activator Events™ Register Here](#)



Kimochis® Scheduled Trainings

- Great for new Tool Kit users & for those looking to expand on their Kimochis® usage.
- Hosted by one of our Kimochis® Trainers 2-Day, live-virtual workshop (3hrs/day).
- \$300/person registration fee.

Next **Early Childhood** Session: Thu.-Fri. Jun. 5-6, 2025 8:30am-11:30am PST/11:30am- 2:30 pm EST

Next **Elementary** Session: Thu.-Fri. June 19-20, 2025 8:30am-11:30am PST/11:30am- 2:30 pm EST

Scheduled Trainings Register Here



Looking for Past Tools and Tips?



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All the best feelings,
Team Kimochis
www.kimochis.com



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