

Kimochis[®]

social and emotional learning



Hi friend,

Happy 2024!

As the holiday season wraps up, we hope that you're able to take some time to reflect and decompress if you need to.

Embrace your inner Cloud. Take moments to yourself to breathe and recognize what your body might be feeling. Smell the flower, blow out the candle and focus on the things that bring you joy as you start this new year.



Monthly Freebie: Cat's Redo Band-Aids

We all need a redo sometimes, especially after a long break away from our usual routines.

Print some extra [Redo Band-Aids](#) and put Cat's tools to practice for when those hard-to-have feelings cause hurtful moments between friends. Let's help one another get back into the swing of things!



Don't have your own Cat yet? Click [HERE](#) to shop our Kimochis Cat and other helpful friends.



Upcoming Events

Looking to get started or advance your Kimochis knowledge?
Check out our regularly scheduled training options below.



Kimochis Tool Kit Activator Events

- Great for new Tool Kit users & for those looking for a refresher
- Hosted monthly by the Kimochis Team
- Complimentary 45min. live- virtual session
- Can't make it? No worries. Always recorded

Next Session: **Thursday January 25th, 12pm PST/3pm EST**

[Tool Kit Activator Event Register Here](#)



Kimochis Scheduled Trainings

- Great for new Tool Kit users & for those looking to expand on their Kimochis usage
- Hosted by one of our Kimochis Trainers 2-Day, live-virtual workshop (3hrs/day)
- \$300/person registration fee

Next Elementary, Session: **Mon.-Tue. January 22-23, 2024 8:30am-11:30am PST/11:30am- 2:30 pm EST**

Next Early Childhood Session: **Wed.-Thu. April 3-4, 2024 8:30am-11:30am PST/11:30am- 2:30pm EST**

Scheduled Trainings Register Here



Spread the Kimochis Love!

Know a school or organization that could use some Kimochis within their environment? Email CEO, Ned Kraft Ned@kimochis.com to see how we can help.

All the best,
Team Kimochis
www.kimochis.com

