

Early Childhood Education Standards

Head Start Child Outcomes Framework

<http://www.hsnrc.org/CDI/pdfs/UGCOF.pdf>

This Framework is intended to guide Head Start programs in their ongoing assessment of the progress of the children and to help with program self-assessment and continuous improvement. The Framework is composed of 8 general Domains, 27 Domain Elements, and numerous examples of specific Indicators of children's skills, abilities, knowledge, and behaviors. The Framework is based on the Head Start Program Performance Standards, Head Start Program Performance Measures, provisions of the Head Start Act as amended in 1998, advice of the Head Start Bureau Technical Work Group on Child Outcomes, and a review of documents on assessment of young children and early childhood program accountability from a variety of state agencies and professional organizations.

(From The Head Start Path to Positive Child Outcomes, updated Summer 2003)

Link to Kimochis™ Curriculum

The activities in the Kimochis™ Curriculum Feel Guide link directly with the Domains found in the Head Start Framework. As can be seen in the chart that follows, many activities fall into the Domain areas of Language Development and Social & Emotional Development. However, because the Kimochis™ program promotes the growth and development of the whole child, there are also activities that address additional Domain areas, including Literacy, Creative Arts and Approaches to Learning.



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Kimochis™ Activity	Domain	Domain Element	Indicator
Key to Communication #1: Call name, wait for eye contact, give a communication tap			
• Activity 1: Learning Names	Language Development	Speaking and Communicating	Progresses in abilities to initiate and respond appropriately in conversation and discussions with peers and adults.
• Activity 2: Oops...That's Not My Name	Social & Emotional Development	Self-Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
• Activity 3: Call Name and Wait for Eye Contact	Language Development	Speaking and Communicating	Progresses in abilities to initiate and respond appropriately in conversation and discussions with peers and adults.
• Activity 4: Communication Tap	Language Development	Speaking and Communicating	Progresses in abilities to initiate and respond appropriately in conversation and discussions with peers and adults.
• Activity 5: Practicing Predictable Situations	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
Key to Communication # 2: Use a talking voice instead of a fighting voice			
• Activity 1: Talking vs. Fighting Voice	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
• Activity 2: Boomerang: A Communication Tool to Not Yell Back When Yelled at	Language Development	Speaking & Communicating	Develops increasing abilities to understand and use language to communicate information, experiences, ideas, feelings, opinions, needs, questions and for other varied purposes.



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Key to Communication # 3: Use a talking face and relaxed body language, instead of a fighting face and fighting body language			
• Activity 1: Building a Common Language	Language Development	Listening & Understanding	Demonstrates increasing ability to attend to and understand conversations.
• Activity 2: Reading Body Language	Language Development	Listening & Understanding	Demonstrates increasing ability to attend to and understand conversations.
• Activity 4: Talking Hand to Request Objects	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
• Activity 5: Stop!	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
• Activity 6: Walk Away and Ignore Teasing, Rudeness and Hurtful interactions	Social & Emotional Development	Cooperation	Shows increasing abilities to use compromise and discussion in working, playing and resolving conflicts with peers.
Key to Communication # 4: Choose words that help instead of hurt			
• Activity 1: Think Before You Speak	Approaches to Learning	Initiative and Curiosity	Develops increased ability to make independent choices.
• Activity 2: Loaded Words	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.
• Activity 3: Ouch-Hard to Hear, Good to Know	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.



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Key to Communication # 5: Be brave and redo hurtful moments			
• Activity 1: Take-Backs and Do-Overs	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.
• Activity 3: Brave	Social & Emotional Development	Cooperation	Shows increasing abilities to use compromise and discussion in working, playing and resolving conflicts with peers.
Key to Communication # 6: Be kind and let people try again			
• Activity 1: The Huggtopus Dance Helps Us Learn to Forgive	Social & Emotional Development	Cooperation	Develops increasing abilities to give and take in interactions; to take turns in games or using materials; and to interact without being overly submissive or directive.
• Activity 2: Repeat Offenders	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
• Activity 3: Insincere Apologies	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.
Feeling Lesson: Happy			
• Activity 1: Saying Hello	Social & Emotional Development	Social Relationships	Shows progress in developing friendships with peers.
• Activity 2: Waiting for a Friend	Social & Emotional Development	Social Relationships	Shows progress in developing friendships with peers.



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<ul style="list-style-type: none"> Activity 3: Sharing 	Social & Emotional Development	Cooperation	Increases abilities to sustain interactions with peers by helping, sharing and discussion.
<ul style="list-style-type: none"> Activity 4: Taking turns 	Social & Emotional Development	Cooperation	Develops increasing abilities to take turns in games or using materials; and to interact without being overly submissive or directive.
<ul style="list-style-type: none"> Activity 5: Including 	Social & Emotional Development	Social Relationships	Progresses in responding sympathetically to peers who are in need, upset, hurt, or angry; and in expressing empathy or caring for others.
Feeling Lesson:			
Sad			
<ul style="list-style-type: none"> Activity 1: Offering Comfort to Friends Who are Feeling Sad 	Social & Emotional Development	Social Relationships	Progresses in responding sympathetically to peers who are in need, upset, hurt, or angry; and in expressing empathy or caring for others.
<ul style="list-style-type: none"> Activity 2: Comforting Oneself When Feeling Sad 	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
<ul style="list-style-type: none"> Activity 3: Asking for Comfort and/or Help 	Social & Emotional Development	Social Relationships	Demonstrates increasing comfort in talking with and accepting guidance and directions from a range of familiar adults.
Feeling Lesson:			
Mad			
<ul style="list-style-type: none"> Activity 1: What to Say and Do When Friends Don't Remember to Take Turns 	Social & Emotional Development	Cooperation	Develops increasing abilities to give and take in interactions; to take turns in games or using materials; and to interact without being overly submissive or directive.



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<ul style="list-style-type: none"> Activity 2: What to Say and Do When Friends Forget to Share 	Social & Emotional Development	Cooperation	Increases abilities to sustain interactions with peers by helping, sharing and discussion.
<ul style="list-style-type: none"> Activity 3: What to Say and Do When Friends Forget to Let You Play 	Social & Emotional Development	Cooperation	Shows increasing abilities to use compromise and discussion in working, playing and resolving conflicts with peers.
<ul style="list-style-type: none"> Activity 4: What to Say and Do if Friends Forget and Push or Grab 	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
Feeling Lesson: Brave			
<ul style="list-style-type: none"> Activity 1: Try New Things 	Approaches to Learning	Engagement & Persistence	Grows in abilities to persist in and complete a variety of tasks, activities, projects and experiences.
<ul style="list-style-type: none"> Activity 2: Tell the Truth 	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.
<ul style="list-style-type: none"> Activity 1: Getting Oneself Included 	Approaches to Learning	Reasoning & Problem Solving	Grows in recognizing and solving problems through active exploration, including trial and error, and interactions and discussions with peers and adults.
<ul style="list-style-type: none"> Activity 2: Looking to Include Others 	Social & Emotional Development	Social Relationships	Progresses in responding sympathetically to peers who are in need, upset, hurt, or angry; and in expressing empathy or caring for others.
Feeling Lesson: Silly			
<ul style="list-style-type: none"> Activity 1: Too Silly and/or Rough 	Social & Emotional Development	Self Control	Develops growing understanding of how their actions affect others and begins to accept the consequences of their actions.



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<ul style="list-style-type: none"> Activity 2: Catch Yourself When You are Too Silly 	Social & Emotional Development	Self Control	Demonstrates increasing capacity to follow rules and routines and use materials purposefully, safely, and respectfully.
<ul style="list-style-type: none"> Activity 3: Too Distracting 	Approaches to Learning	Engagement and Persistence	Shows growing capacity to maintain concentration over time on a task, question, set of directions or interactions, despite distractions and interruptions.
Feeling Lesson: Frustrated			
<ul style="list-style-type: none"> Activity 1: Cuts in Line 	Social & Emotional Development	Self Control	Demonstrates increasing capacity to follow rules and routines and use materials purposefully, safely, and respectfully.
<ul style="list-style-type: none"> Activity 2: Moves in Your Way 	Social & Emotional Development	Cooperation	Shows increasing abilities to use compromise and discussion in working, playing and resolving conflicts with peers.
<ul style="list-style-type: none"> Activity 3: Invades Your Personal Space 	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
<ul style="list-style-type: none"> Activity 4: Hug is Too Snug 	Social & Emotional Development	Self Concept	Begins to develop and express awareness of self in terms of specific abilities, characteristics and preferences.
Feeling Lesson: Curious			
<ul style="list-style-type: none"> Activity 1: Using Curiosity to Be Imaginative and Creative in Play 	Approaches to Learning	Initiative & Curiosity	Approaches tasks and activities with increased flexibility, imagination and inventiveness.
<ul style="list-style-type: none"> Activity 2: Smart and Kind Thinking 	Social & Emotional Development	Self Control	Demonstrates increasing capacity to follow rules and routines and use materials purposefully, safely, and respectfully.



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Feeling Lesson: Cranky			
• Activity 1: Taking Back Bossy Talk	Social & Emotional Development	Self Concept	Begins to develop and express awareness of self in terms of specific abilities, characteristics and preferences.
• Activity 2: What to Do and Say When Friends Use Bossy Talk	Social & Emotional Development	Self Control	Shows progress in expressing feelings, needs and opinions in difficult situations and conflicts without harming themselves, others, or property.
Feeling Lesson: Hopeful			
• Activity 1: Offering Hope and Encouragement	Social & Emotional Development	Social Relationships	Progresses in responding sympathetically to peers who are in need, upset, hurt, or angry; and in expressing empathy or caring for others.
• Activity 2: Choosing Hope When Feeling Sad or Frustrated	Social & Emotional Development	Self Concept	Begins to develop and express awareness of self in terms of specific abilities, characteristics and preferences.
Feeling Lesson: Proud			
• Activity 1: Receiving a Compliment	Social & Emotional Development	Self Concept	Demonstrates growing confidence in a range of abilities and expresses pride in accomplishments.
• Activity 2: Giving a Compliment	Social & Emotional Development	Social Relationships	Progresses in responding sympathetically to peers who are in need, upset, hurt, or angry; and in expressing empathy or caring for others.



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Additional Kimochis™ Activities That Support the Head Start Outcomes	Domain	Domain Element	Indicator
Language and Literacy section in each Feeling Lesson recommends a book related to that specific feeling	Literacy	Book Knowledge & Appreciation	Shows growing interest and involvement in listening to and discussing a variety of fiction and non-fiction books and poetry
An Artistic Expression activity is presented at the end of each Feeling Lesson	Creative Arts	Art	Gain ability in using different art media and materials in a variety of ways for creative expression and representation
Kimochis™ Characters can be used as puppets during lessons and following to encourage children to engage in dramatic play	Creative Arts	Dramatic Play	Participates in a variety of dramatic play activities that become more extended and complex

