

Name: _____



I can think about my choices and how it made me and others feel.

I lost a key to communication. The KEY(S) I lost is (circle 1 or more):



GET SOMEONE'S
ATTENTION



USE A TALKING VOICE



USE A TALKING FACE
AND BODY



CHOOSE HELPING
WORDS

I felt...



FRUSTRATED



CRANKY



MAD



LEFT OUT



SAD



JEALOUS

I can redo a hurtful moment.

I have a plan for my redo & to try to make things better.

Now I feel...



BRAVE



HOPEFUL



FRIENDLY



HAPPY



PROUD