

# **Kimochis 5 Keys to Communication**



#### Get someone's attention.

SEL TOOLS: Eye contact, Communication Tap



### Use a talking voice.

SEL TOOLS: Talking Voice, Fighting Voice, Serious Voice



## Use a talking face and body.

SEL TOOLS: Talking Eyes, Fighting Eyes, Serious Eyes



### Choose helping words.

SEL TOOLS: Helping vs Hurting Words, "Ouch"



#### Redo hurtful moments.

SEL TOOLS: Everyone Makes Mistakes, Kimochis Re-do