






Character	<b>SOS Tools to the Rescue</b> <i>Please see your Kimochis Feel Guide: Early Childhood Edition for the pages referenced below.</i>
<b>CLOUD</b>  Happy, Mad, Sad	<b>Manage Moods and Anger:</b> Calm Down Breath (Pg. 56) <b>Yelling:</b> Serious Voice and Serious Face (Pg. 194) <b>Grabbing:</b> The Talking Hand (Pg. 113) <b>Pushing:</b> Stop Hands (Pg. 165) <b>Hurting Words:</b> Big Mean Things That Aren't True (Cloud's picture book) <b>Helpful Kotowaza:</b> <b>Mad:</b> It's Okay to be Mad, But It's Not Okay to be Mean (Pg. 192)
<b>BUG</b>  Brave, Left Out	<b>Fear of New Things:</b> Bug can try new things (Pg. 75) <b>Inclusion and Slow to Warm:</b> Use your eyes and ears to be kind (Pg. 186) <b>Hurtful Moments:</b> How to redo a hurtful moment (Pg. 128) <b>Helpful Kotowazas:</b> <b>Left Out:</b> Make Room for Everyone (Pg. 179) <b>Brave:</b> Put your Brave in Front (Pg. 208) <b>Kind:</b> Take the Time to Be Kind (Pg. 140)
<b>HUGGTOPUS</b>  Silly, Frustrated	<b>Interrupting:</b> Recognize the Not Now signal (Pg. 66) <b>Cutting in Line:</b> Let's practice getting attention when they cut (Pg. 98) <b>Special Differences:</b> Name It (Pg. 250) <b>Rough and Tumble Play:</b> Too excited (Pg. 163) <b>Helpful Kotowazas:</b> <b>Excited:</b> Fun has to be fun for everyone (Pg. 162) <b>Silly:</b> Know when to be silly and when to be serious (Pg. 216)
<b>CAT</b>  Curious, Cranky	<b>Bossy Talk:</b> Cat, Talk Nicely (Pg. 86) <b>Redo Hurtful Action:</b> Be Brave and Kind and Make Things Better (Pg. 129) <b>Helpful Kotowaza:</b> <b>Curious:</b> When Curious, Be Safe and Kind (Pg. 240)
<b>LOVEY DOVE</b>  Proud, Kind	<b>Friendly Climate:</b> Friendly Signals (Pgs. 46 and 48) <b>Inclusion:</b> Kimochis Wingman (Pg. 22) <b>Appreciations:</b> Lovey Dove's Proud Nest (Pg. 250) <b>Helpful Kotowazas:</b> <b>Friendly:</b> Friendly Faces Create Friendly Places (Pg. 170) <b>Proud:</b> Proud of You... Proud of Me (Pg. 248)