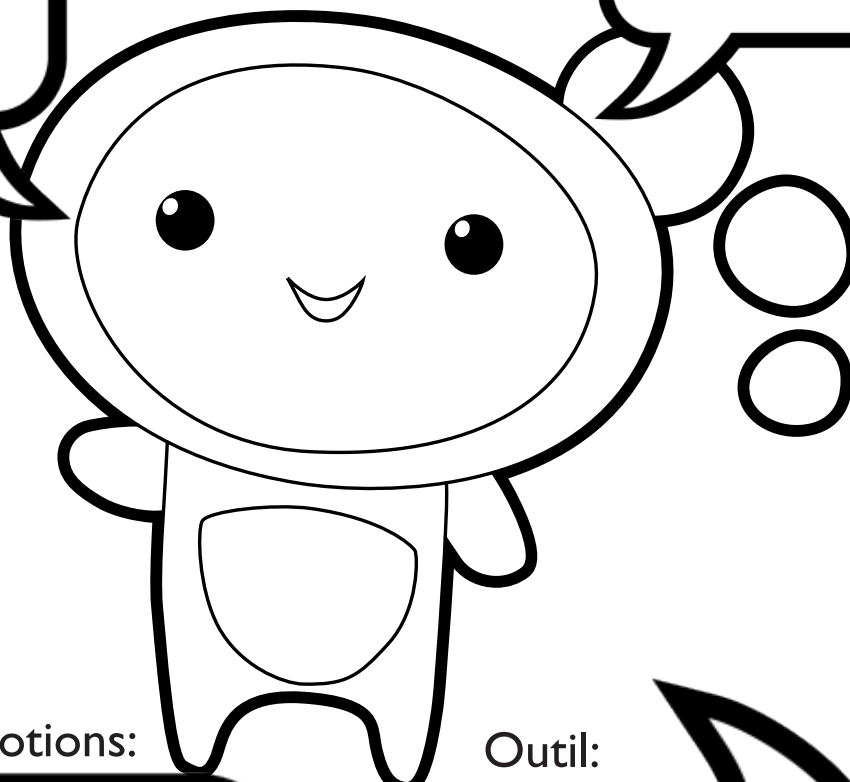
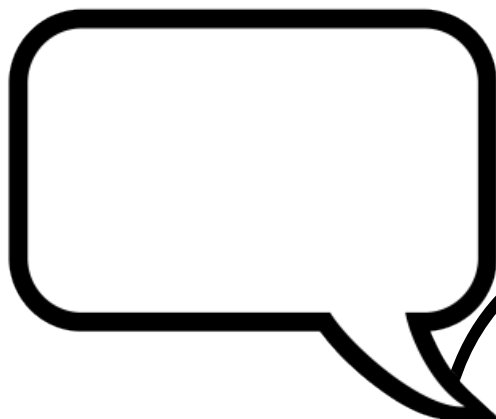


Kimochis® Cloud

Nom: _____

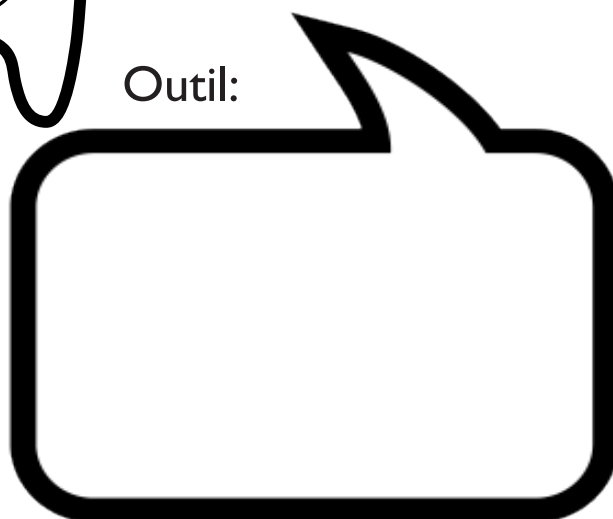
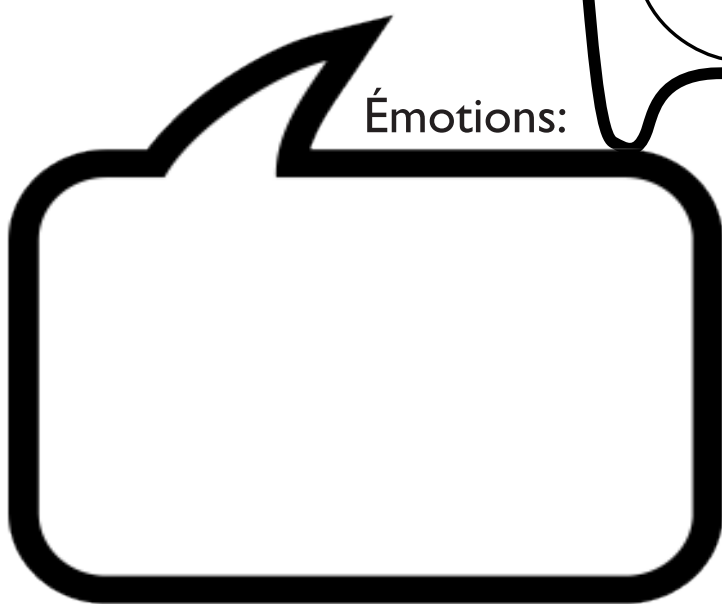
Couleur Favorite:

Nombre Favoris:



Émotions:

Outil:



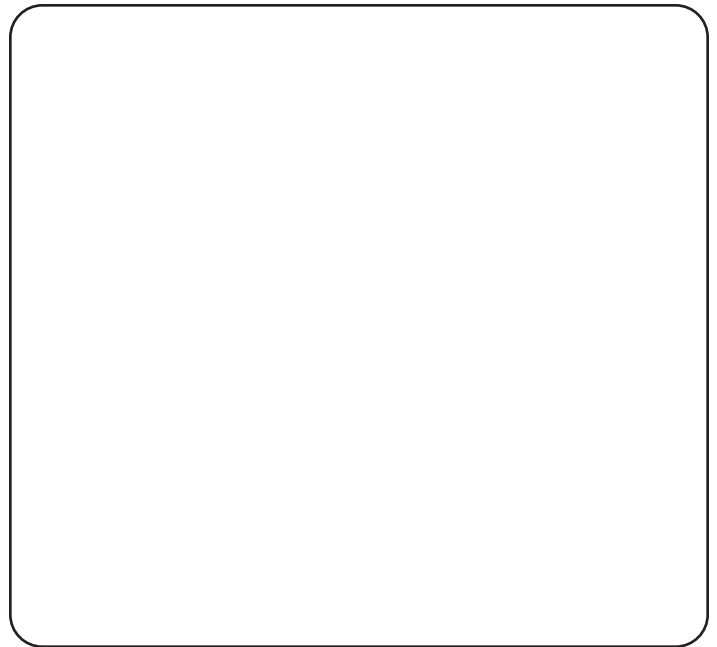
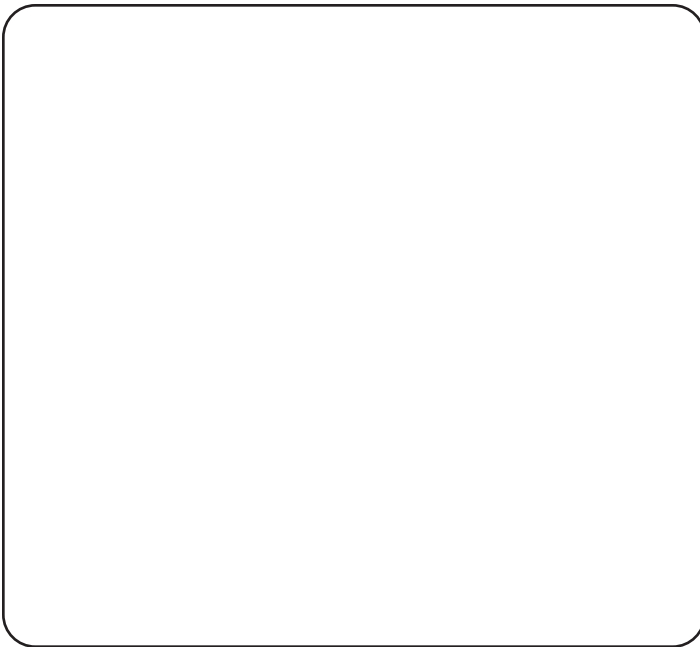
Kimochis® Cloud

Nom: _____

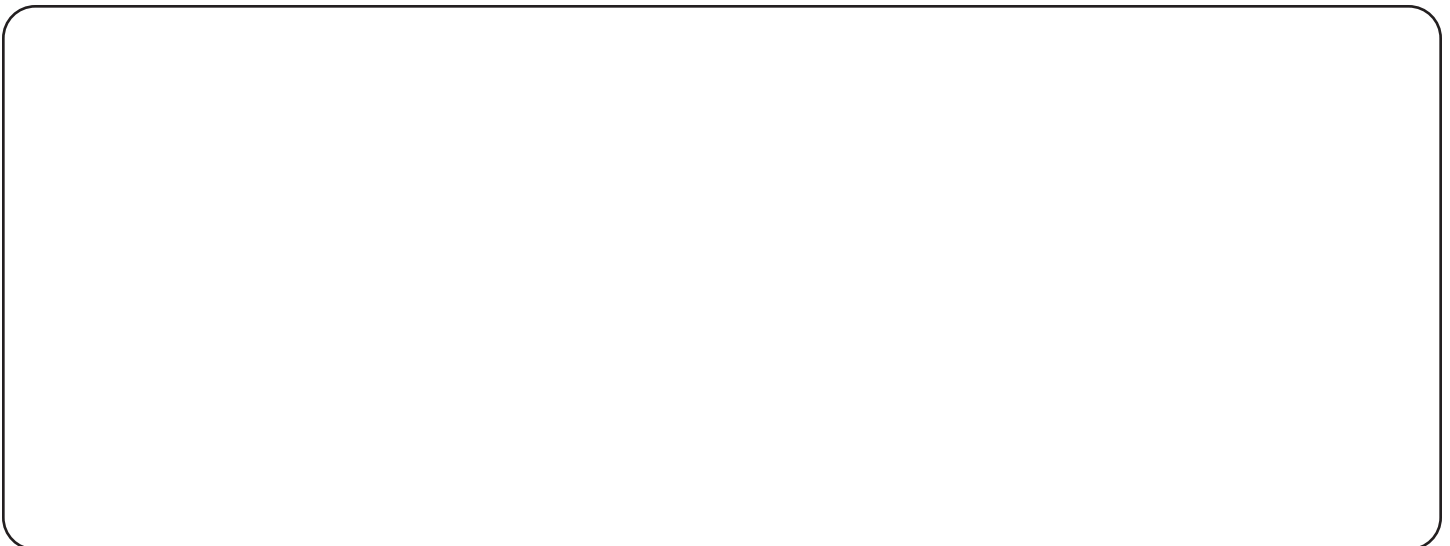
Dessine une image pour montrer ces outils en action.

1er: Sens la fleur. Inspire lentement par le nez.

2ème: Souffle la bougie. Souffle lentement par la bouche.



Écris ou dessine quand tu peux prendre une respiration calme.



Kimochis® Cloud

Nom:

Cloud est mon ami.