KEY #1

# **BEFORE YOU SPEAK:**

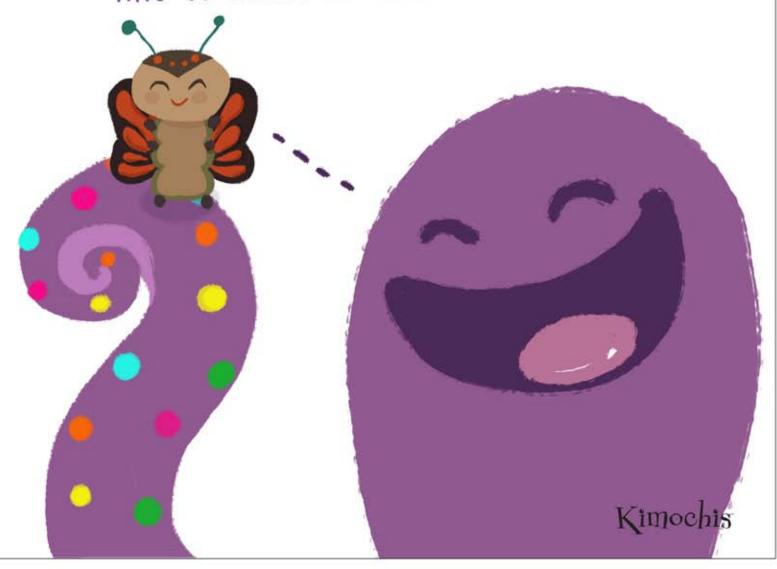
I: CALL SOMEONE'S NAME

2: WAIT FOR EYE CONTACT

3: WHEN NEEDED, GIVE

A COMMUNICATION TAP

When I use my friendly eye contact and communication tap, my classmates like to listen to me.



# Kimochis 5 Keys to Communication



#### Get someone's attention.

SEL TOOLS: Eye contact, Communication Tap



### Use a talking voice.

SEL TOOLS: Talking Voice, Fighting Voice, Serious Voice



## Use a talking face and body.

SEL TOOLS: Talking Eyes, Fighting Eyes, Serious Eyes



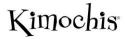
## Choose helping words.

SEL TOOLS: Helping vs Hurting Words, "Ouch"



#### Redo hurtful moments.

SEL TOOLS: Everyone Makes Mistakes, Kimochis Re-do







# Homelink Week 6: Key I - Call Name, Wait For Eye Contact, Give A Communication Tap Before You Speak.

This week your children learned the benefits and importance of initiating communication in appropriate and kind ways. When students learn how to get attention from peers and adults respectfully they create a social-emotional connection that leads to successful outcomes. Communication Key I teaches children that to get someone's attention.

Your child can show you the steps to Key I, but basically: Call the name of the person you want to speak with. Wait for eye contact before beginning to speak. If necessary, give them a communication tap, before speaking.

Why this skill is important: When children use this tool, it eliminates confusion and reduces the chance of a communication error. Teaching children to be assertive when they speak by using eye contact and saying the person's name creates room for deeper connections.

The Kimochis® Family Challenge: Everyone will look first to see if someone is busy before talking and remember to start conversations by calling the person's name, waiting for eye contact and using the communication tap, if necessary. This week be conscious to not communicate with your children from opposite sides of your home. Instead get in some more face time when you talk as a family.