



SILLY



KOTOWAZA

Know when to be silly and
when to be serious.



CHISTOSO

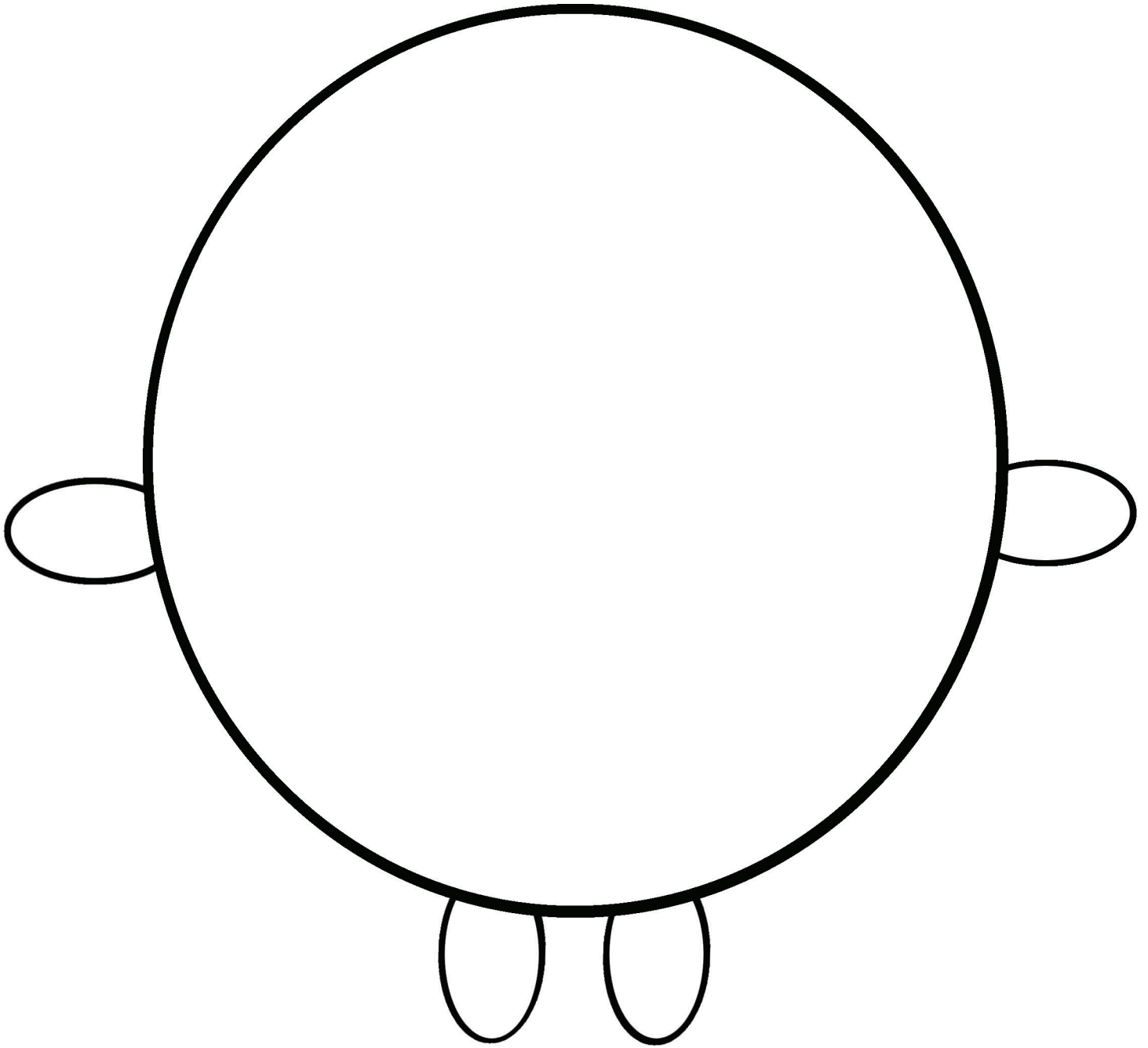


KOTOWAZA

Saber cuándo ser chistoso y
cuando ser serio.



SILLY





Homelink: Week 20

Theme: Silly feeling #1: For Silly To Be Fun, It Has To Be Fun For Everyone

Why this skill is important: This skill helps students look for the clues that fun or silliness has gone too far and that everyone is not enjoying it. Children also learned that it is not kind or acceptable to be silly at someone's expense. Children will understand how to recognize and act on social cues that indicate a game is no longer fun.

This week, your child learned about Silly feelings and the Kimochis® ***Kotowaza: For silly to be fun, it has to be fun for everyone.*** This Kotowaza reminds children that it is not kind or acceptable to be silly at someone else's expense. Children learned that we do not make fun of others or play in ways that cause shame or harm to others. For children to actually follow this positive way of interacting with others, they need to learn how to:

- Recognize that you accidentally hurt feelings when you were just trying to be funny.
- Pay attention to the nonverbal signs, sounds, and words that indicate someone is no longer having fun and you need to stop.
- Say in an effective, but not aggressive, way that people need to STOP something that does not feel funny to you.
- Ask people to stop hurtful behavior when you see someone who is not able to speak up for themselves.

Kimochis® Family Challenge: Discuss as a family the concept of the "Knowing Look" when you see that someone has hurt feelings (shake your head "no" and give eye contact and a facial expression that says, "That's not nice. Don't."). Likewise, challenge everyone to use a Talking Voice and say, "Don't" or "Stop" when you see any behavior that is hurtful to someone and others are laughing rather than putting a STOP to it.