



BRAVE



KOTOWAZA

Put your Brave in front.



www.kimochis.com



Kimochis

All Images © Kimochis/Plushy Feely Corp. 2009-2019



VALENTÍA

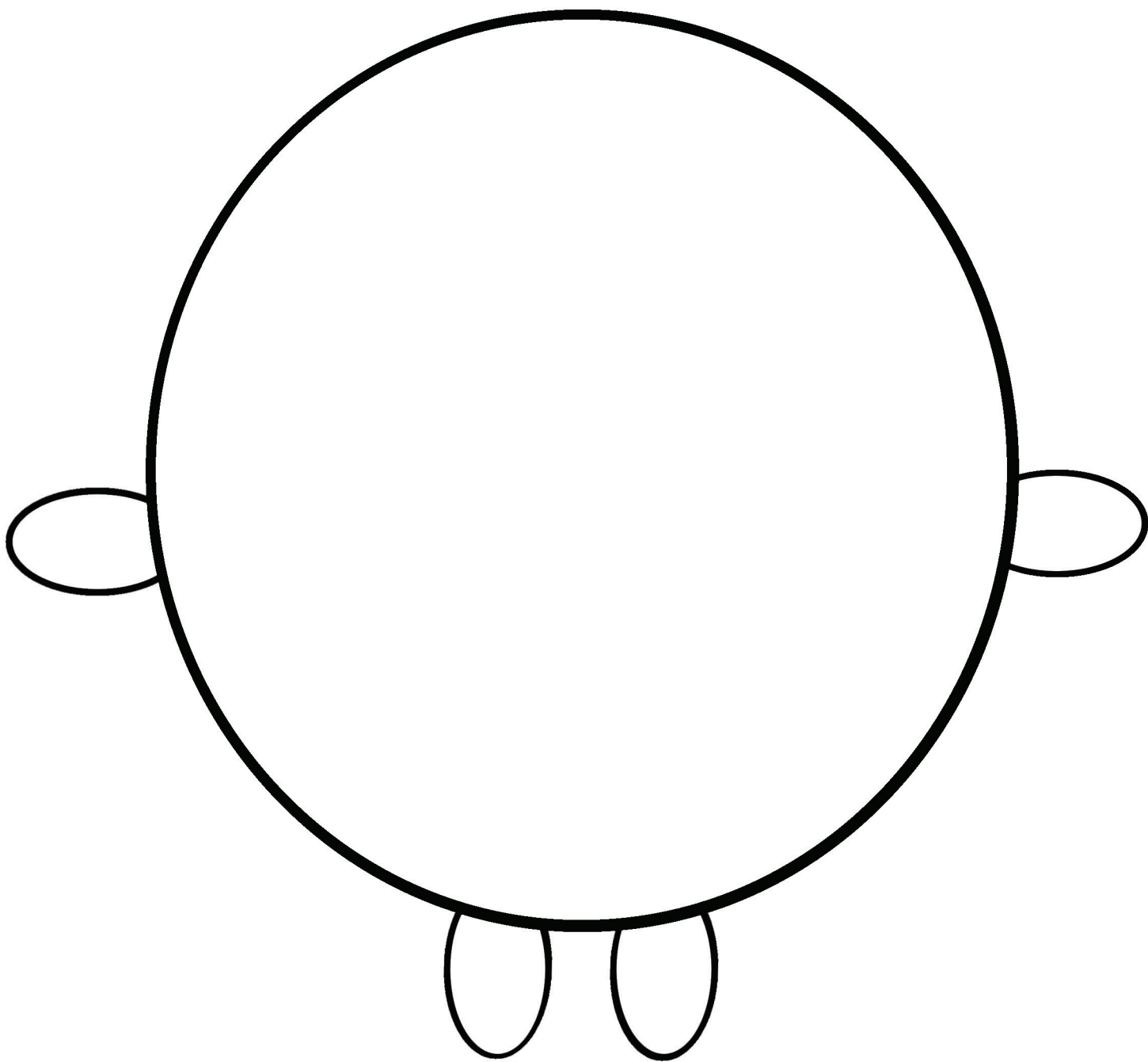


KOTOWAZA

Pon tu Valentia de primero.



BRAVE





Homelink: Week 19

Theme: Brave feeling #3: Forgiving Others

Why this skill is important: Being brave is also about learning to forgive when someone hurts your feelings. It takes resiliency and a generous and compassionate heart to remember we all make mistakes with how we communicate feelings. It is kind and helpful to forgive and allow others to have a redo to make things better. When children are able to forgive and forget, they maintain healthy and happier relationships.

Children learned that you need to be brave to forgive others for mistakes that they made. Our theme is everyone makes mistakes, and everyone can learn and grow when we offer other's a redo. Forgiveness is the ticket to growth and close connection as we feel we do not have to be perfect but rather always strive to be our best self. Give people second chances!

In our lesson we talked about how two wrongs don't make things better or right. We helped children learn how to choose forgiving thoughts such as, "I know she/he didn't mean to do or say that." or "I've done things like that before." When we remember that we all make mistakes we are more easily and quickly able to sincerely forgive others which can help them grow as they now learn kinder ways to handle emotion filled moments.

Kimochis® Family Challenge: Consider having a family discussion about the concept of mistakes. Take the lead in sharing how you feel when you make a mistake and how you feel when others forgive you when you sincerely apologize and work to not make the same mistake again. Invite family members to share their experiences. Why not create a family challenge to practice accepting others sincere and brave apologies and giving others a redo as we all make mistakes, and these help us learn and grow. Consider making your family a Second Chance Family! Everybody makes mistakes and everybody gets a redo and gets that second chance to do better.