



LEFT OUT



KOTOWAZA

Make room for everyone.





EXCLUIDO

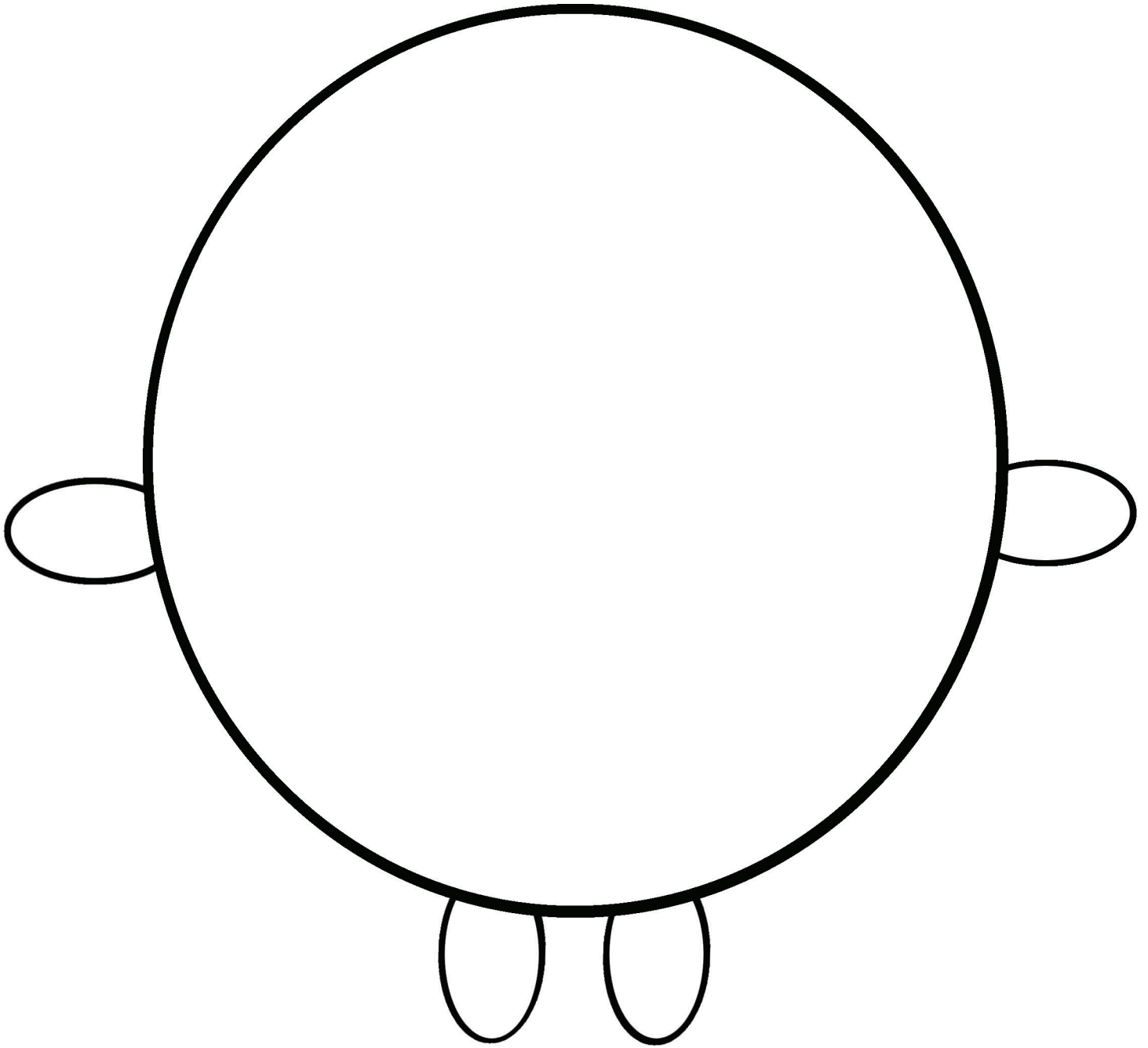


KOTOWAZA

Hagamos el salón para todos.



LEFTOUT





Homelink: Week 14

Theme: Left Out feeling #2: Including Others

Why this skill is important: Students who seek to include all, not just close friends, help to create a school community where children can have a strong sense of belonging. These students take the “time to be kind” and include others. Children will understand the importance of using their eyes to see and ears to hear to determine when others need to be included in play, games, or conversation.

This week, we continued to talk about the Left Out feeling and Kimochis® Kotowaza: *It's always more fun when we make room for everyone*. Your child learned how to use their eyes and ears to notice that another child might be feeling left out. We talked about how important it is to “take the time to be kind” and include everyone. Together we practiced how to use our eyes (by looking around the playground) and our ears (by listening to others) to notice that some peers might need an invitation to join.

Your child learned to:

- Be compassionate and kind by learning from their own mistakes. (I remember when I used to interrupt a game because I wanted to play and kids didn't like it.)
- Be responsible and brave to own or admit that they were hurtful and apologize and to not hurt in that way again. (I have left out kids on purpose and I will not do that anymore.)

Kimochis® Family Challenge: Go out of your way to be inclusive in your community. Say hello and invite others to join you in conversations. Look for people who might be feeling left out and open your circle to include them. Acknowledge family members as they actively seek ways to make room for others and help those who may be feeling left out.