



LEFT OUT



KOTOWAZA

Make room for everyone.





EXCLUIDO

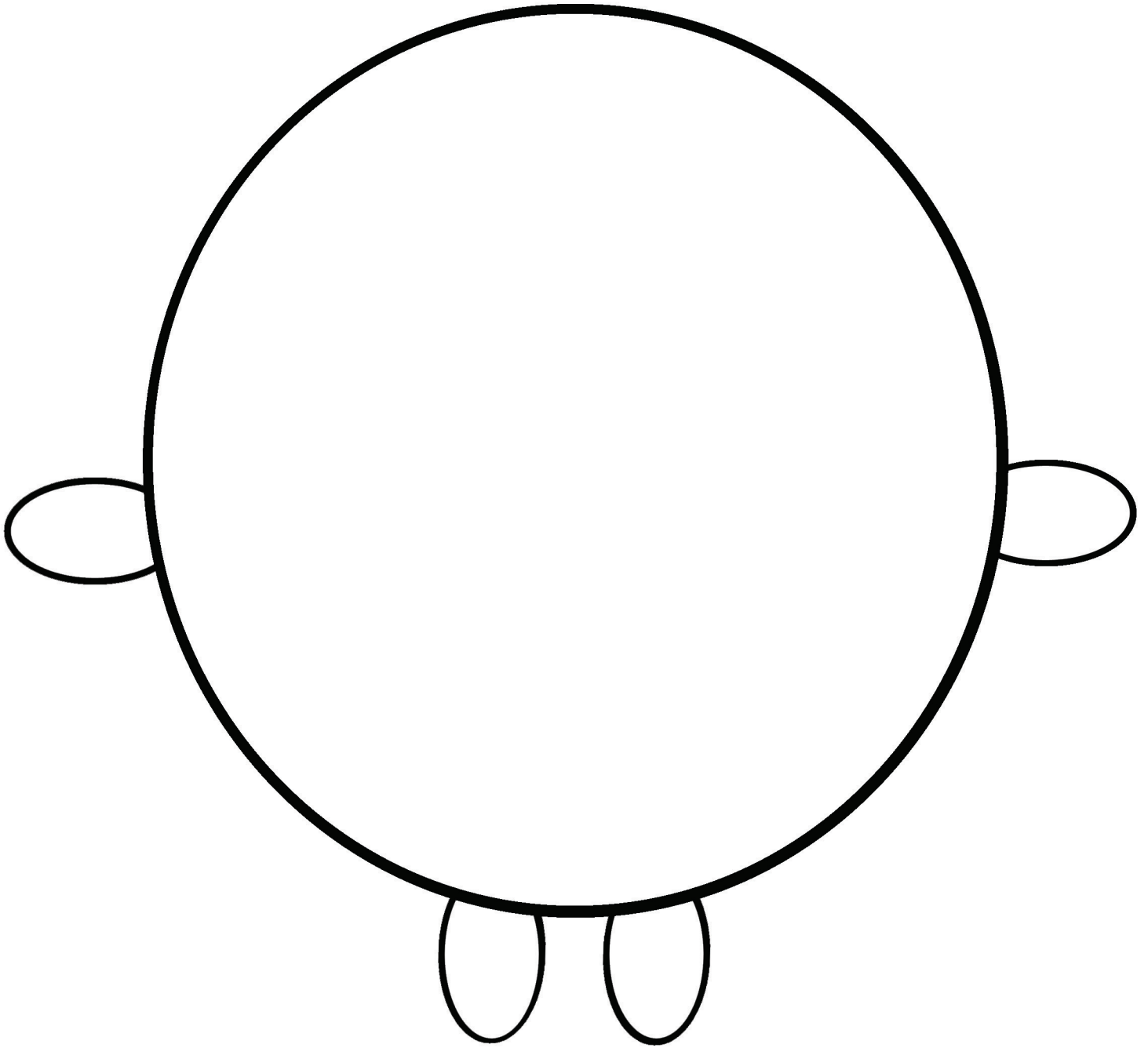


KOTOWAZA

Hagamos el salón para todos.



LEFTOUT





Homelink: Week 13

Theme: Left Out feeling #1: Getting Included In Games And Conversation

Why this skill is important: When students make room for everyone an inclusive and friendly school climate is created. Students can use positive communication tools to get themselves included. Children will understand how to use positive and effective ways to get included in play and conversation.

When you allow your child to feel upset feelings, and you support them by helping them learn ways to manage those upset feelings, you are giving them the social and emotional skills they will use throughout their lifetime. If you are concerned about your child being consistently left out or being overly exclusive, listen in during playdates and give them support to see how they can do things differently to make this time more enjoyable for everyone.

Kimochis® Family Challenge: This week, we talked about the feeling Left Out and the Kimochis® Kotowaza: *It's always more fun when we make room for everyone.* Kotowaza translates to a wise wisdom. It inspires children to make efforts to get themselves included in play and conversation, in addition to including others. No one likes to feel left out. At our school, we are helping students learn to play and interact in inclusive and kind ways. And, even as our students are learning these skills, many children will experience feeling left out. Often this experience can be more painful for parents than it may be for the student. Experiencing left out feelings can help children learn how to be inclusive.