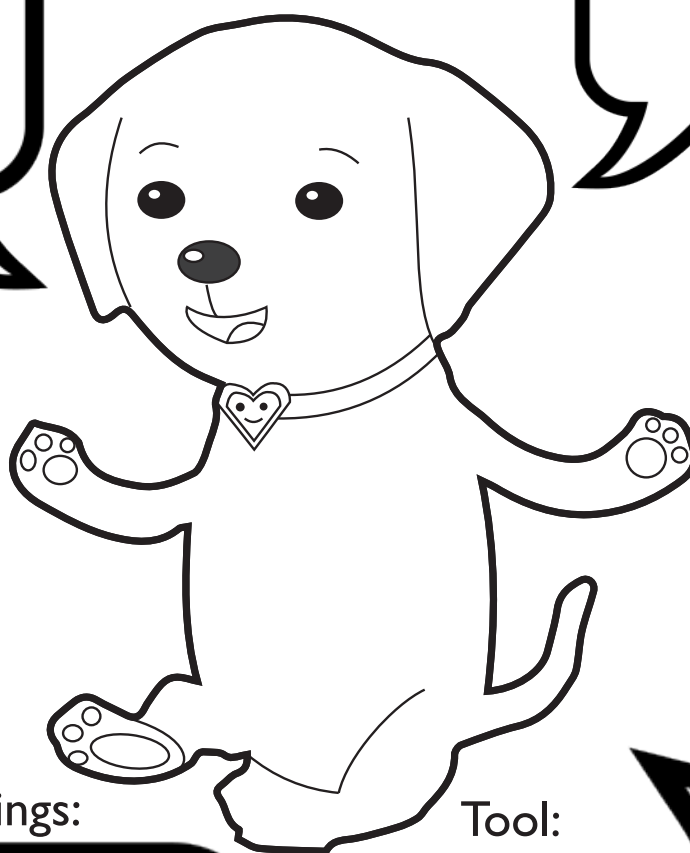


Kimochis® Hero

Name: _____

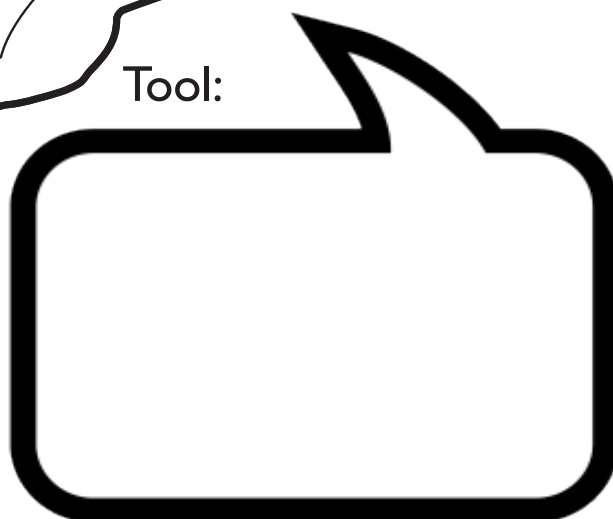
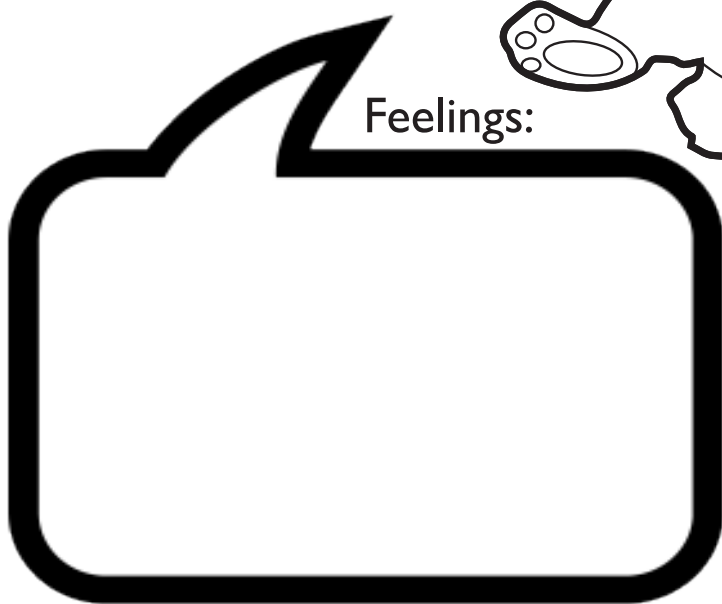
Favorite Color:

Favorite Number:



Feelings:

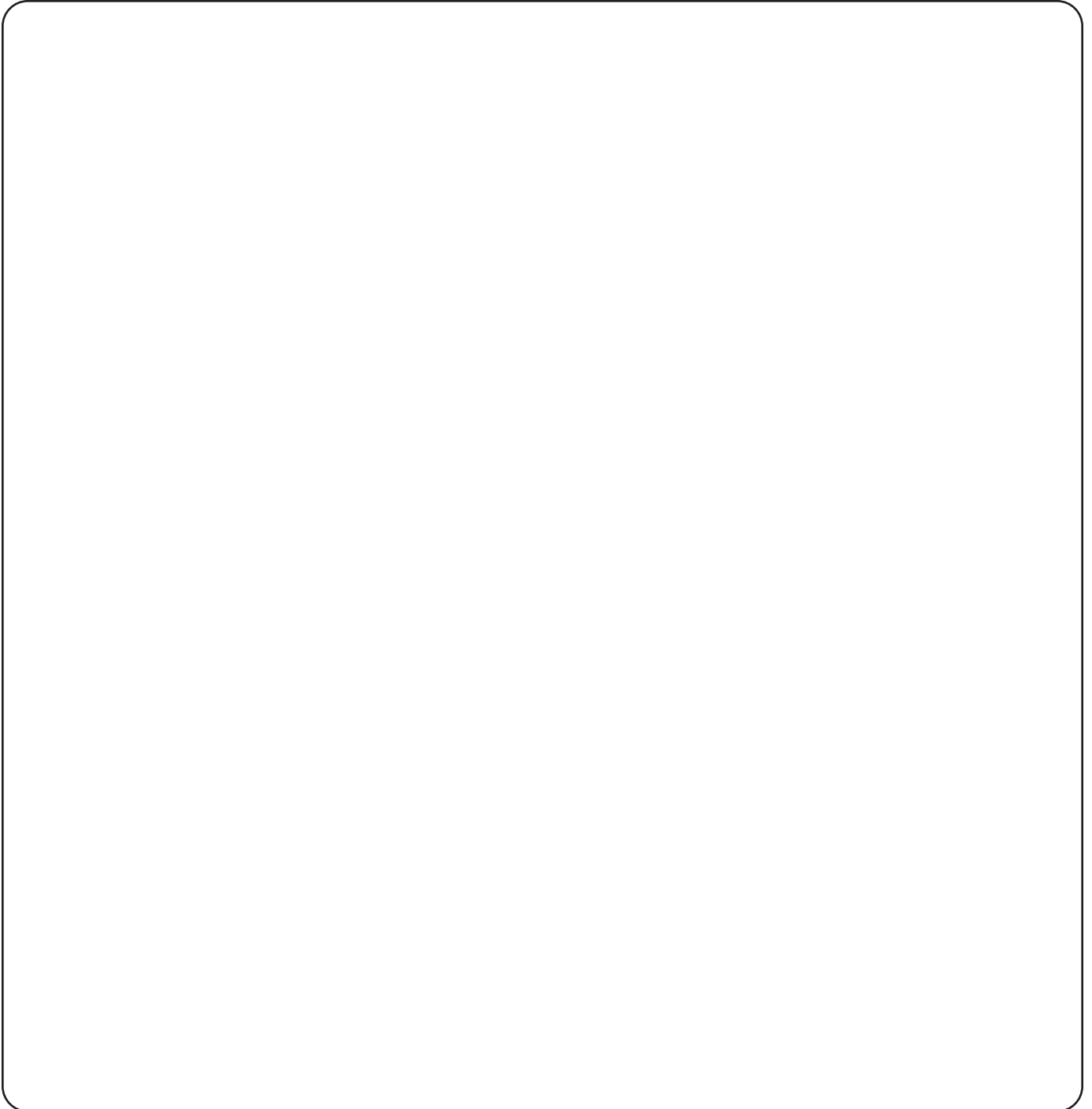
Tool:



Kimochis® Hero

Name: _____

Write or draw a problem you had or a friend had recently.



Kimochis® Hero

Name: _____

Look at the chart below and color in the column that represents the size of the problem.

How big is the problem?

Small

I can fix it myself

- Walk away
- Ignore
- Fix it
- *Talk it out* Make a compromise

Medium

I need some help.

- Ask a friend to help
- Ask an adult to help
- GOOD TO GO

Big

I need adult help right away

- Get a teacher
- Yell for an adult
- Call 911
- Run Away
- GOOD TO GO

Look at the tools above and choose 2 options to solve this problem.

First I will try to _____

Next I will try to _____

When I solve my problems I am a leader like Hero.

